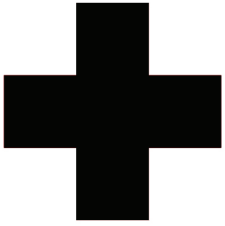


FREE FAMILY CAREGIVING COURSES!



American Red Cross

Jersey Coast Chapter

is conducting these courses for the general public, **FREE** of charge:

- General Caregiving; Positioning; Helping a Loved One Move June 17
- Fall Prevention June 24
- Caring for a Love One with Alzheimer's July 15
- Home Safety July 22
- Caring for the Caregiver August 12
- Disaster Preparedness; Hurricanes August 19

Light refreshments served.

All courses are Thursdays at 5:30pm at



THE WORTHINGTON ASSISTED LIVING

458 JACK MARTIN BOULEVARD
BRICK, NJ 08724

732-206-9800

RSVP APPRECIATED!

www.chelseaseniorliving.com